



Expressive Arts Ideas for Home Learning

Easter & Spring

Sensory / Messy Play

Activity	Resources	Directions
<p>Easter Sensory Bin</p> 	<ul style="list-style-type: none"> • Rice • Pink, yellow & green food dye • Egg boxes • Plastic eggs • 3 x food bags • Greaseproof paper • 2 x baking trays • 1 x tub / tray 	<p>PRE-PREP</p> <ol style="list-style-type: none"> 1. Split rice between bags. 2. Add food colouring; pink bag, yellow bag and green bag. 3. Seal bags with minimal air in, and squish about to spread the colouring. 4. Tip onto baking paper on a tray to dry. <p>ACTIVITY</p> <ol style="list-style-type: none"> 1. Add rice, egg boxes and plastic eggs to tray. 2. Play!
<p>Egg Wash</p> 	<ul style="list-style-type: none"> • Dish washing soap • Tray / bucket / sink • Plastic eggs • Pots • Sponges, scourers, brushes, etc 	<ol style="list-style-type: none"> 1. Fill tray / bucket / sink with warm water and dish soap. 2. Add other items. 3. Play! Wash and brush eggs, pans, etc.
<p>Easter Egg Roll and Paint</p> 	<ul style="list-style-type: none"> • Long, thin box • Strip of paper • Paint in spring colours • Plastic eggs / hard boiled eggs 	<p>PRE-PREP</p> <ol style="list-style-type: none"> 1. If using eggs – hard boil them and wait for them to cool. <p>ACTIVITY</p> <ol style="list-style-type: none"> 2. Line the box with the paper. 3. Dip the egg in paint. 4. Tip the box. Place the egg at the top, release, and watch it roll down the paper. 5. Tip the box to create different pain patterns!

Frozen Flowers



- Ice cube trays / small containers
- Edible flowers and herbs (including; Electric Daisy, Sweet Cicely, Gold-Edged Primula, Mint, Salad Rocket, Lemon Verbena and Pea Flowers, Yellow Calendula, Chrysanthemum, Marshmallow, Rose, Viola, Cornflower, Wild Rocket, Wild Garlic, Broad Bean, Primrose, Chives, Borage, Nasturtium, Basil
- Water
- Freezer
- Tray

PRE-PREP

1. Collect your flower heads. Place approx 5mm water in the bottom of the ice-cube tray / container. Place in the freezer and freeze for 20 minutes.
2. Remove from the freezer, top up the water to the top, freeze for another 30 minutes

ACTIVITY

3. Pop the ice cubes out into a tray.
4. Play and explore!
5. To speed up the melting, you could pour over warm water.

Using edible flowers means that if your young person puts them in their mouth, there is no need to worry regarding the suitability of the flower!

Flower Soup



- Flower heads
- Tray / large bowl
- Water
- Bowls
- Ladle / spoons

1. Fill the tray / bowl with warm water and add the flower heads.
2. Add the utensils and start to play. Can you serve some flower soup for your family?

Rainbow Spaghetti



- Spaghetti
- Food dye (red, orange, yellow, green, blue, pink, purple if you have them!)
- Food bags
- Trays
- Baking paper
- Tray / large bowl

PRE-PREP

1. Cook the spaghetti as normal and wait for it to cool.
2. Divide the spaghetti amongst the food bags (1 per colour)
3. Drop in some food dye, squeeze the air out and seal.
4. Squish the bags about until the dye covers all the spaghetti.
5. Tip out onto trays covered in baking paper to dry.

ACTIVITY

6. Once the spaghetti is dried, place in the tray / bowl in lines of separate colours.
7. Play with the rainbow! You can choose to add utensils if you'd like.

Spring Sensory Tub



- Tub / tray
- Green jelly OR green died rice
- Plastic flowers, trees, bugs, animals, etc. Spring items!
- Tools; cutlery, spade, ford, etc

PRE-PREP

1. If using jelly, make the jelly according to the packet instructions. Place the plastic items into the tub, and pour the jelly over. Place in the fridge to set.
2. If using rice; dye the rice as per the instructions for the Easter sensory bin. Once dry, place in the box with the other items.




ACTIVITY

3. Once the jelly is set / rice is dried, add the remaining items to the bin and play!

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Art

Activity	Resources	Directions
<p>Hand Print Flower Bouquet</p> 	<ul style="list-style-type: none">• Large sheet of paper• Paint in spring colours (blue, pink, yellow, purple, green, etc)• Paintbrush• Wipes / bowl of warm soapy water and a towel!	<ol style="list-style-type: none">1. Paint your young persons hand in a chosen spring colour.2. Print onto the paper.3. Clean hand then choose another colour and repeat.4. Continue until you have a beautiful bouquet!5. Use the paintbrush to paint on green stems.
<p>Bunny Silhouette</p> 	<ul style="list-style-type: none">• Paper plate• Paint in spring colours (blue, pink, yellow, purple, green, etc)• Cut-out of a bunny shape (that will fit onto your plate)• Sponge (to apply paint)• Pom-pom or cotton wool ball• Glue	<ol style="list-style-type: none">1. Place the cut-out in the centre of the paper plate.2. Choose a spring colour. Using a sponge, dab it all over the plate, including the edges of the cut-out.3. Remove the cut-out to reveal the bunny shape surrounded by a spring colour.4. Stick a pom-pom or cotton wool ball on for the tail.
<p>Hand and Footprint Chick</p> 	<ul style="list-style-type: none">• Yellow and white paper• Yellow and orange paint• Black marker• Paintbrush• Wipes / bowl of warm soapy water and a towel!	<ol style="list-style-type: none">1. Cut out a large egg shape from the yellow paper to make the body.2. Cut out a triangle (beak) & paint orange, smaller egg shapes (eyes) and the hair from the white paper.3. Paint your young person's hand in yellow paint and print onto the white paper.4. Paint your young person's feet in orange paint and print onto the white paper.5. Once dry, cut out and stick onto the body to make a chick!

Footprint Bunny



- A couple of large sheets of paper
- Paper plates if you have them
- Paint in a spring colour plus
- Paintbrush
- Pipe cleaners / darker paint
- Wipes / bowl of warm soapy water and a towel!

1. If using paper plates, make one slightly smaller to be the head. If using paper, cut out two circles; one slightly bigger than the other.
2. Paint the plates / paper in your chosen colour.
3. Paint your young persons' feet in your chosen spring colour.
4. Print two pairs of footprints. Once dry, cut out.
5. Construct your bunny using the paper plates and feet cut-outs.
6. Finish off your bunny by painting on eyes a nose and a mouth.
7. Either use pipe cleaners for whiskers, or paint them on.

Bunny Printing



- 1, 2 or 3 cardboard tubes
- Sheet of paper
- White / brown paint
- Pink paint
- Black marker pen

1. You can either use 3 tubes to create the shape in the photo (one round and two squished into oval shapes!), or just re-use 1 tube for all!
2. Dip the end of the tube into the white or brown paint and stamp some bunny shapes.
3. Complete using the pink paint for inner ears and black marker for facial features.

Flower Printing



- Cardboard tubes
- Paint in spring colours (blue, pink, yellow, purple, green, etc)
- Paintbrush
- Paper

1. Make slits all around one end of the paper tube, to approx. 2cm in depth.
2. Fan out the "petals" you have created.
3. You can vary the shape of the petals by rounding off edges / snipping into points.
4. Dip into spring coloured paint and print onto the paper.
5. Paint on green stems.

Fingerprint Flowers



- Large sheet of paper
- Paint in spring colours (blue, pink, yellow, purple, green, etc)
- Paintbrush
- Wipes / bowl of warm soapy water and a towel!

1. Paint your young person's hand green and make a print in the centre of the paper.
2. Clean their hands.
3. Dip fingertips into the spring coloured paint, and print flowers on the end of each green "stem".
4. Paint a pot / vase underneath the plant.
5. Add an optional poem such as;
"I made you some flowers
With my fingers and thumbs
So you will have these memories
For all the years to come"

Egg Box Daffodils



- Egg box
- White / yellow / orange paper and paint
- Paintbrush
- Scissors

1. Cut out the egg box “cups” to form the middle of the daffodils.
2. Cut out flower shapes to form the petals – make sure there is enough room to stick the cup in the middle.
3. Paint the egg box cups and the petals.
4. Stick together!
5. You can choose to stick on a piece of paper or card, or use pipe cleaners to make stems and place them in a vase!

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Music

Song	Location
<p>Over in the Meadow</p>  <p>Over in the Meadow</p> <p>Illustrated by Jill McDonald Sung by Susan Reed</p>	<p>https://www.youtube.com/watch?v=C6ljGXMMB-g&list=PL0maGUp7cdUkPJgFg9PL0CAqzSDsWo2UR&index=6</p>
<p>I'm a Spring Chicken</p>  <p>I'm a Spring Chicken</p>	<p>https://www.youtube.com/watch?v=IEey4LZLeGw</p>
<p>Little Peter Rabbit (Makaton)</p>  <p>Little Peter Rabbit</p>	<p>https://www.youtube.com/watch?v=7iIRpmxkmGE</p>
<p>Chick, Chick, Chick, Chick, Chicken! (Makaton)</p> 	<p>https://www.youtube.com/watch?v=P96SdU3ePuU&list=PLjT4XhijakZiqAV_QjFd-8nV5CuO5Rpnz&index=12</p>
<p>Five Little Easter Eggs (Makaton)</p>  <p>FIVE LITTLE EASTER EGGS</p>	<p>https://www.youtube.com/watch?v=TO7nUfkG3ug</p>