



# November to December 2012



<u>Monday</u>	<u>Tuesday</u>	<u>Wednesday</u>	<u>Thursday</u>	<u>Friday</u>
<p>9.30am—10.30am Music for Under 5's Music &amp; Play Session</p> <p>Come and make new friends, sing songs and play.</p> <p>10th December is the last session until 2013</p>	<p>Starting 6th November 9.15am—11.45am Job Club 6 week course @Lorraine Infant School</p> <p>Increase your confidence and prepare for finding a job. Please book a place.</p>	<p>New Session: Starting 14th November 9.30am—10.30am Diddi Dance 5 week course at St Martins Church</p> <p>An action packed music &amp; dance session for children 18 months + Please book a place.</p>	<p>13th December 10.00am—11.00am Weaning Workshop</p> <p>Are you thinking about starting to wean? Come along for support and practical tips. Please book a place.</p>	<p>14th December Christmas Fun @ Lorraine Infant School</p> <p>More details to follow.</p>
<p>12th November 1.00pm—2.00pm Sleep Workshop For babies 7 months+</p> <p>Come and speak to the Community Nursery Nurse for tips and support with sleep routines.</p> <p>Please book a place.</p>	<p>9.15am—10.30am Health Visitors Baby Weighing Clinic and Play Session</p> <p>Get your baby weighed, stay for a play and meet new friends.</p>	<p>9.30am—11.30am Home-based Childcarers A Messy Play session for Childminders and Nannies</p> <p>(Please note: all children attending this session must be registered with the Children's Centre. Forms available at reception)</p> <p>12th December is the last session until 2013</p>	<p>10.30am—12.00pm Baby Massage Session</p> <p>Please speak to your health visitor for more information - by referral only.</p>	<p>9.45am—10.45am Stage 2 Sing &amp; Sign For babies who have completed Stage 1</p> <p>10.45am—11.45am Stage 1 Sing &amp; Sign Baby signing for children aged 6—14 months.</p> <p>Babies learn signs to support their speech and language development.</p>
<p>Continuing from 1st October</p> <p>3.30pm—5.30pm Parenting Puzzle 10 week course, promoting positive parenting Creche available</p> <p>Register your interest for next available course.</p>	<p>10.00am—11.30am Breastfeeding Support Group Pop in for a cuppa, a chat and meet other breastfeeding Mums.</p> <p>Support and guidance is available from an NCT Breastfeeding Counsellor.</p>	<p>1.00pm—2.45pm Maple Midwives Drop-in</p> <p>Pop in to see your midwife for support and guidance.</p>	<p>12.30pm—2.00pm Young Parents Lunch Club</p> <p>For parents under 25 years and their children to eat lunch and play together.</p> <p>13th December is the last session until 2013</p>	<p>Starting on 9th November 2.00pm—2.45pm Toddler Moves 5 week course</p> <p>Sensory movement session for children aged 18 months to 3 years. Please book a place.</p>
	<p>1.30pm—3.00pm Play &amp; Learn: Messy Play for children 2 years + Dress for mess!</p> <p>Explore paint, playdough and lots more. (Please note: younger siblings can attend this session along with their older brothers or sisters.)</p> <p>11th December is the last session until 2013</p>	<p>1.30pm—3.00pm Sensory Play Session For Under One's</p> <p>Introduce your baby to new sights, sounds and sensory experiences. For babies under 1 year.</p> <p>12th December is the last session until 2013</p>	<p>Postponed until January 2013 Toddler Messy Play Dress for mess!</p> <p>Explore paint, playdough and lots more. For toddlers who are steady walkers up to 2 years.</p>	<p><u>Saturday</u></p> <p>1st December 10.00am—11.30am Christmas Craft Come and get crafty! For children aged 5 years and under Please book a place.</p>

Pine Ridge Children's Centre  
Esher Road  
Camberley  
Surrey GU15 4AL  
01276 401605

Lorraine Infant School  
Highland Road  
Camberley  
Surrey GU15 4EX  
01276 65649

St Martin's Church  
Upper College Ride  
Camberley  
Surrey GU15 4HE  
01276 23958

### Maple Midwives Ante-Natal Workshops

On the 2nd and 3rd Saturday of each month  
9.45am—16.30pm

Please call the Midwives to book your place  
01276 604241

### Messy Play & Stay and Play

For children aged 0-5 years.

During each session we offer a range of activities including sand or water play, paints, mark-making, construction area, crafts, books and puzzles as well as free play!

Please remember that these are sessions for you, to explore new experiences, with your children.

Please supervise your children at all times.

### Outreach Service:

The centre has Outreach Workers who can visit you at home to offer support and advice.

### Priority places:

When booking sessions, please note that priority will be given to those within our reach area.

Postcodes starting GU15 4 & GU15 2

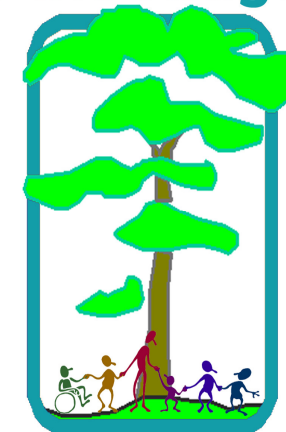
### Please note:

If you are attending the Children's Centre for the first time, you will need to complete a registration form.

# What's On . . .



## Pine Ridge



A SureStart Children's Centre



# Nov/Dec 2012

Pine Ridge Children's Centre

Esher Road

Camberley

Surrey GU15 4AL

01276 401605

[childrenscentre@pine-ridge.surrey.sch.uk](mailto:childrenscentre@pine-ridge.surrey.sch.uk)

[www.pineridgeandlorraine.co.uk](http://www.pineridgeandlorraine.co.uk)