

What parents thought:

"Fantastic! Really enjoyable and helpful!"

"Our biggest problems are related to behaviour so understanding our son's behaviour properly is a very big step!"

"This has given me the tools to help with my child's communication."

"I can now identify my child's sensory issues and have an idea of practical strategies."

"The support of other group members is really valuable."



Who to contact?

If you are interested in joining the group or have any questions please contact Sam or Dee.

SAM COOMBER

Email: sam.coomber@portesbery.surrey.sch.uk

Tel: 01276 63078

DEE SEANEY

Email: dee.seaney@gmail.com

Tel: 07540 686250



Cygnets programme

Believe in children



Barnardo's

Training and Consultancy

A parenting support programme for parents and carers of children and young people aged 7-18 with an autistic spectrum condition.

'Behaviour is often the child's loudest voice'



Activity

Cygnets

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Welcome to Session Four:
Understanding behaviour



Who will be leading the training?

Two friendly and supportive Cygnet approved trainers will deliver each workshop.

SAM COOMBER is Assistant Head Teacher at Portesbery School and has experience working with children with ASD as well as knowledge of ASD strategies.

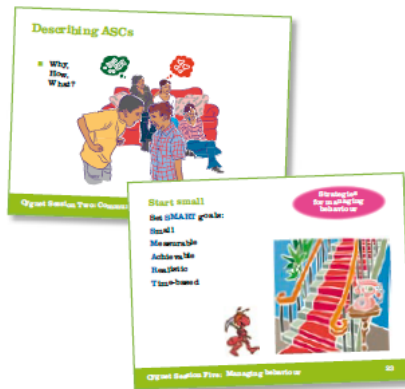
DEE SEANEY is a Family Support Worker who has experience in supporting families from across Surrey as well as ASD strategies that work in the home and at school.

Why Cygnet?

The underpinning value in the development of Cygnet is the belief that if parents and carers have access to appropriate knowledge, skills and support they can often find practical solutions to build confidence in family life.

This has been achieved through:

- listening to parents/carers and young people
- working with inter-agency support
- utilising relevant and practical research materials
- robust long term and independent evaluation methods
- acknowledging the needs of all community groups.



What does Cygnet cover?

This is a core Cygnet programme which is delivered over six two and a half – three hour sessions which sequentially work towards behaviour management relevant and appropriate for this age group of children and young people.

- Autism and diagnosis
- Communication
- Sensory issues
- Understanding behaviour
- Managing behaviour
- Choice decided by parents/carers



Where, When and How Much is it?

The programme will run every **Wednesday** at **Mytchett Children's Centre**, Hamesmoor Road, Mytchett, Camberley, Surrey, GU16 6JB.

There are 5 core workshops with an additional 6th sibling session from **4th June to 2nd July**. Sessions begin at **9:30am** with registration. There will be refreshments and each workshop will end at approximately **12:30pm**.

The programme is **free to join**, all we ask is a contribution towards refreshments.

